

FOURTH TRANSDIMENSIONAL LEVEL

LOCATION

Connected into the body through the fourth chakra and heart center

ANCHOR POINT ON THE PLANET

In my meditations, I have heard that one of the major anchor points on the planet is in eastern Spain in the region of Aragon. I have not traveled here myself.

ASSOCIATED COLOR

Pink/rose

PERSONAL ISSUES ASSOCIATED WITH THE FOURTH CHAKRA

- Honing ability to attune and connect to another person and maintain an empathic stance
- Learning how to harmonize relationships
- Building bridges between persons, beliefs, religions, nations, politics and anything else that manifests polarization
- Experiencing the pleasure of loving for its own sake; loving unconditionally
- Mastering co-dependence and the unbridled “urge to merge”
- Learning to balance merging and coming back to the self
- Avoiding relationship addiction
- Mastering the art of assisting versus rescuing

ABOUT THE FOURTH DIMENSION

- This is the first level of inner planes with a measurable improvement in unity and interconnection.
- It carries the first level of unconditional love.
- There is seemingly a huge shift in the amount of separation that is experienced here relative to the third dimension. This shift is due to amazing harmonics discovered here which mark the beginning of the “music of the spheres.” Harmonics serve an invaluable function as they harmonize and lubricate all lower dimensions.
- While there is still separation here between the dimensions, this is the first level where harmonic energies encompass and heal the lower three dimensions. This is not the case with third and second dimensional energies which have no real harmonic connection to the dimensional energies below them. The energies that emanate from the fourth dimension lubricate the entire field and allow the subtle energy bodies (physical, emotional and mental subtle bodies) to coalesce and sing to one another.
- The fourth dimension also serves as a primary transduction center. That is, it connects upper dimensions (five and beyond) to lower dimensions (three and below) by transducing down the higher order frequencies into metabolized lower

frequencies. Higher order energies feed into the lower vibration of the body smoothly.

- Portals in the fourth dimension allow access to different worlds.
- When most humans travel interdimensionally, they visit the fourth dimension. It tops the “most favorite list.” Beings and guides who inhabit the fourth dimension exude warmth, love and caring. Most of them have had some experience on the earth or on a plane of third dimensional vibration, so they have a realistically compassionate idea of what life is like. They are not so highly evolved that they cannot identify with pain and suffering of the earth plane, yet they dispense wisdom that transcends normal ego tendencies of the third dimension. The fourth is the perfect dimension to find a personal guide.
- Souls under initiation work on the deployment of Light.
- Souls also tend to be involved in inner plane initiations about the Dark Side. More often than not, there are well-intentioned, fourth dimensional souls battling evil with Light. (Doesn't this remind you of Harry Potter?) However, this is a difficult initiation to pass because in the upper dimensions, battling evil means that your energies are still “sucked into” this polarity. In the end, evil will still continue to exist as long as this universe stays at its current evolutionary vibration. From the perspective of the universe, evil has a right to exist.
- The other core challenge to the spiritual initiate at the fourth dimension is spiritual depression. After this first level of contact with higher order energies here, devastating depression may result from an inability to reconcile the all-encompassing love from the inner planes, with the reality of the day to day world of duality and separation. It is not uncommon for fourth dimensional initiates to sink into a morass of sadness for months following a powerful encounter of unconditional love and light here. Finding peace means being able to build a bridge from these inner worlds into day-to-day life as much as is possible.
- For the initiate who has had her first encounter with all encompassing love found here, there is usually a corresponding spiritual challenge to reconcile this seemingly blissful state with the day-to-day reality of third dimensional duality and struggle. Mastering this challenge is one of the spiritual hallmarks of a soul completing spiritual initiations at this level.

SHADOW ASPECTS OF THE FOURTH DIMENSION

- The Dark Force has a sly presence here, yet not as sly and cunning as in the fifth dimension. They have firmly entrenched recruitment centers here, capitalizing on the innocence and curiosity of naïve baby souls. Enticing souls with “slick brochures” and promises of self worth, power, or tastes of a favorite shadow side indulgence, young souls are lured unwittingly to sign contracts with concealed no exit clauses. Charming engagement and seduction with poison candy are fourth dimensional Dark Force themes.
- Recruitment is the name of the game here; while the fifth dimensional dark side is more insidious.

- The Dark Force also manages to tie up the energies of souls here by continually engaging them in seemingly unending battles. Young souls can become so hooked by the carrot of victory and saving the dimensions that their energies snag; little is leftover for evolution.

TRAVELING IN THE FOURTH DIMENSION

- I love traveling in the fourth dimension. I met my first guide here. (See Guides below). There are beautiful colors and vibrant hues, wonderful harmonies, and floating, ethereal feelings.
- I also explored what I call the Aeons, a place on the inner planes where harmonics cruise through all aspects of the fourth dimension and interconnect them. I have surfed the harmonics of color here as well. For many years, I traveled to this, my favorite place, and called it Home.
- I also spent a very long time working on passing my initiation to let go of battling the “dark.” While in this dimension, I was addicted to the “knowingness” that there was no better way to spend time than trying to fight the Dark Force or recruit its members to “my” camp in the Light. As a result, my dreams were full of battles and I often felt under Dark Force psychic attack.
- There are wonderful places to visit here where matter is not so dense; it has much more light infusion and is more pliable. This is not really the realm of Light Bodies, but it is certainly close.

ASSOCIATED SENSATIONS WHEN TRAVELING IN THE FOURTH DIMENSION

Expanded, warm, liquid love waves with harmonized music that wash all over and through you. It is very addictive in a most positive way!

APPLICATION OF FOURTH DIMENSIONAL ENERGIES

- This is the first dimension where it becomes helpful to use the energies for healing. Fourth dimensional energies are high enough and interconnected enough to heal many third dimensional issues. For first and second dimensional issues, I always recommend even higher order energies.
- When I am working with groups, my transmission of fourth dimensional harmonics helps to lubricate everyone’s heart chakras and creates a feeling of connection among the members.
- There are the most wonderful guides here to help you and your clients heal personal issues.
- There are also wonderful guides for dream interpretations.

GUIDES

- This is a great place to contact your High Self or other guides. Here your High Self speaks your language! Conversation is personal and personally relevant. Advice is never laced with “shoulds” or judgments! Advice is given more as loving suggestions. Feedback is never shaming, but is said in a way that directly or indirectly takes you on a personal journey to look inward while still feeling self love and worth. Fourth

dimensional guides are the best inner mothers and fathers or the parents you never had. Guides understand the difficulty of earth, the seduction of the ego and mental distractions and yet have ways to slowly but surely allow you to become less attached to your ego weaknesses. They encourage living from your Higher fourth dimensional Self.

- My first guide, Altalena, was my fourth dimensional spiritual mentor. We shared a daily relationship for more than four years. Then one day I went to tune into her and she kindly and gently told me that she had herself evolved to the next higher plane of consciousness and would no longer be able to function in her role as guide. I mourned the loss of her for months until I finally was open to a new guide replacement.
- Ask to be connected to the Harmonic Angels in the fourth dimension for harmonics help.
- In addition to your Higher Self, you can ask for a guide that is just right for you, conforms to Spiritual Law and can connect and communicate with you in a way that is perfectly suited to both your soul and personality.

MUSIC...and a STORY

I love the music Ave Maria by the Benedictine Nuns of St. Cecilia's Abbey. I have a story about its role in healing for a client. I had worked with a client for over 11 years the day I brought out the recording of Ave Maria. This client was a self-professed Lord of the Dark Force on the inner planes, as if second in command and he had clear memories of his inner plane experiences. On the outer planes, he lived in a small canyon in a tin shack with minimal amenities. He described others who lived in the canyon as "dark types" and over the years, he reported many paranormal events and attempts on his life. It was an embattled canyon with many refugees from life.

His desire over time was to extricate himself from the Dark Force so I learned a great deal about the Dark Force inner workings from working with him. One day with pride, he cited how wide open his heart chakra was, how loving he perceived himself to be. I knew this was not the case and asked my guidance how to deal with him. My guides said "Play him the Ave Maria tape and see how long he can tolerate it." I put on the tape and told him that this was music and chanting of the purest fourth dimension, or heart chakra energies. The tape played for no more than five minutes but during that time, I watched in shock as his face wrenched in pain. His whole body contracted; his struggle to tolerate the music was palpable. It was as if the light and love in the music were somehow destroying him. (Just like You Know Who in Harry Potter could not tolerate Harry's ability to love). Finally, swallowing his pride, he confessed that he could not stand it anymore and he commanded

me to turn it off. Then he asked me the name of the tape and told me he would not return for another session until he could tolerate the music. It was about four months later that he returned having mastered tolerating the vibration.

MUSIC THAT EXPRESSES AND ALLOWS ACCESS TO THE FOURTH DIMENSION

Angel Love and parts of Angel Comfort by Aeoliah

WORDS THAT CONVEY THE VIBRATION OF THE FOURTH DIMENSION

Love, harmony, unconditional love, empathy, attunement, connection