

# THE PLATFORM: FOUNDATIONAL EVOLUTIONARY PRACTICE

## ADVANCED WRITINGS

Patrice Fields, PsyD.

### INTRODUCTION

This is an introduction to and overview of one of the most foundational spiritual and energetic practices that I teach, called *The Platform Practice*.

*The Platform Practice* was created by Padmasambhava, an 8th century enlightened Buddhist master who foresaw way back then the turbulent future evolutionary periods of the Earth and the need for special practices for humanity when those periods struck. And those times are NOW. He had an earthly spiritual companion, Yeshe Tsogyal.

*The Platform Practice* was designed to last you a lifetime and will allow your Being to evolve with and be protected from the powerful surges of evolutionary energies.

This practice is a spiritually complex and comprehensive practice. Don't worry if you do not understand all of the concepts that it involves! It's taken me years to fully appreciate the wisdom of Padmasambhava's anticipation of the need for this practice. And it's taken me longer to appreciate the genius of this comprehensive practice.

*The Platform Practice*, once fully mastered (and that could take a lifetime) supports your spiritual evolution all the way to the level of Universal enlightenment, all the while respecting the merits of being human on an evolving planet. That is a rare form of practice. In concert with many Ascended Masters, it truly represents an evolutionary spiritual practice that can be used for the duration of your life.

*The Platform* represents a practice that supports your individual self, Higher Selves, your regional land and culture and contains a special bridge to the evolutionary cycles of the planet, galaxy and Universe. It evolves and balances; expands and stabilizes; offers a connection to the current cycle of humanity with a bridge to the future.

**What's embedded in *The Platform* is highly complex. However, *The Platform Practice* is elegantly simple and based on Invocations.** In this article, I delve into the complexity, but relax! **You just need to follow the Invocations and open to the energies my voice transmits in the audio file, and the complexity will be transmitted in an elegant and simple way.**

Once mastered, *The Platform* provides a base to upon which you can build other energetic practices.

## **THE PLATFORM: OUR FOUNDATIONAL PRACTICE**

As an evolutionary practice, *The Platform* allows you to ground, center, balance and align all of the structures of your energy field (your connections to Spirit, Earth, your body and the group) and then to place those structures in a flow alignment with the evolution of the planet, galaxy and Universe. We call this final flow alignment your **Prime Alignment** as it is so foundational to your evolution.

At the end of *The Platform Practice*, you are invited to rotate your entire energy field into what we call the Dark Universe. This Universe correlates with the physics terms, dark energy and dark matter with no connection to concepts like “the dark side” or the shadow side. Not only is the Dark Universe a haven from the turbulence of the dimensions in the Light Universe, it also shelters your energy field from any of the severe polarization that is now taking the Earth by storm.

In simple terms, *The Platform Practice* shifts your orientation away from the dimensional Light Universe (where most of the collective is anchored) and secures you into an alternative universe where there is consistent access to liberation energies, higher orders of nonduality, and the Prime Alignment- without the influence of dimensional, earthly or galactic disorganization. The Dark Universe has no separation or duality. It does not contain any dimensions, light, sound, time, space or matter.

Most important, the Dark Universe is a place that allows for easy creation in a way that bypasses some of the normal struggles of creating from the dimensional Light Universe perspective.

***During evolutionary times, the single greatest need is to be able to create on the fly, to create adaptively and to create in a way that takes into account evolutionary lumps and bumps.***

*The Platform* allows you to participate in an incredibly complex spiritual, energetic practice by simply doing Invocations. Each invoked Ascended Master, symbolic archetype or tribal group oversees the grounding, centering, balancing and aligning of some portion of your energy field. As you switch from one element in *The Platform* to the next, you imagine that your energy

field is being handed off from one to the other. Once you get to the Bedouin, they will rotate your entire field into the Dark Universe.

## PLATFORM ELEMENTS

If you haven't already taken a look at the website to read the description of the Advanced Energy Structures, you might want to review that now. Go to [www.spirit-evolving.com/](http://www.spirit-evolving.com/)

### INVOCATION:

**Padmasambhava**

*Tiger's Nest*

### OVERSEES:

Dimensions, Central Axis, spiritual inner planes

and your unique spiritual lineage (connects to Spirit)

**Yeshe Tsogyal**

*Tiger's Nest*

Magnetic Grids, Central Atlas or Equator;

connections between spirit and matter and

your spiritual energy field and core of the earth (connects to Earth)

**Masters of the Covenant**

*Eagle's Nest*

Evolutionary energy updates and alignments

**The Dove** (archetypal energy) Sacred geometry of the Platform;

(harmonizes all elements of the Platform;

harmonizes all connections between your

Individual energy field and the group, preserving

your field integrity)

## **The Bedouin**

The Earth or the Land of You, bodily accommodations to evolutionary energies; the balance of your elements, minerals, metals, ores in the body; the spin of your molecules to accommodate evolution; the purification of your ego imprints and ego structures formed at birth and in your early years (connects to your body)

## **The Dark Universe**

Your Prime Alignment and ability to adaptively create; oversees safe moorings during evolution

## **MORE ABOUT THE PLATFORM ELEMENTS**

### **Padmasambhava**

Padmasambhava was an 8th century historical figure reputed to be a Buddhist Master. He is known to have taught tantric practices and to have had two tantric consorts, one of whom was Yeshe Tsogyal, who is also an element in *The Platform* to be invoked. It has been reported that Padmasambhava attained enlightenment and left his body in rainbow body form. Leaving in the way implies a level of realization wherein the body at death, dissolves into light, leaving behind only fingernails, toenails, and hair.

Padmasambhava spent quite a bit of time in Bhutan, in a sacred monastery called the Tiger's Nest. In *The Platform*, you can imagine that you are visiting him there, as that is where his energy field is anchored.

Padmasambhava has appeared to me over the course of twenty years and has acted as one of my great spiritual guides. My experience of him is through a visual of his rainbow body wherein like a great Bodhisattva, he has postponed his spirit from completely moving on in order to oversee, protect and guide humanity through its entire evolutionary arc.

For the purposes of our community, Padmasambhava oversees all of your dimensions, Central Axis and spiritual planes. When you invoke him, he transforms how your particular spiritual lineage needs to accommodate evolutionary upgrades. He is a master overseer of all lineages, not just the Buddhist tradition. He connects you to your Spirit.

### **Yeshe Tsogyal**

Yeshe Tsogyal has been considered to be the “female Buddha” by Tibetan Buddhists. She is considered to have been a spiritual teacher and master in her own right, but is mainly known as the tantric consort of Padmasambhava. Along with Padmasambhava, she co- scribed terma, or sacred texts. Later she hid them in various places in the Himalayas, one being found in the Tiger’s Nest. Terma represent sacred teachings written by spiritual teachers and then later hidden or buried only to be found in future generations by those who can interpret the messages that were written in the past, but meant for future generations.

For the purposes of our community, Yeshe Tsogyal oversees the regulation of our magnetic grids, our Central Atlas or Equator, our spirit to matter configuration and our energy fields’ connection to the core of the earth. She meets with us in the Tiger’s Nest in Bhutan as well as her energy field is anchored there. Simply put, she connects us to the Earth.

### **Masters of the Covenant**

The Masters of the Covenant appeared to me several years ago during a very intense friendship with a devout Christian. As I came to build a deep connection with them, they kept transmitting energies that they said had been held by a secret, selective group of Christians over the course of history. Over time they revealed that their mastery focused on their ancient planetary and galactic knowledge of evolutionary cycles and the Spiritual Laws that governed planets and species during turbulent times of evolution. They hold the evolutionary cycles of the planet and the very way Life and all sentient beings need to adapt to those cycles.

The Masters of the Covenant always meet us in *The Platform* in a place they refer to as “the Eagle’s Nest.” While this is not a place in real time with a physical location, it refers to a specific location on the inner spiritual planes.

For the purpose of our community, the Masters of the Covenant vary, adapt, harmonize and align our unique individual bodies, minds, spirits and energetics with the evolutionary energies that emanate from the planet, galaxy and universe from above as well as evolutionary energies that stem from the core of the earth. The Masters of the Covenant are

one of the key aspects of the Covenant, that is, their adaptational energetics are responsible for our practices having a deep evolutionary thrust.

### **The Dove**

When you invoke the Dove, you are essentially invoking archetypal energies that cement the sacred geometry for *The Platform*. The Dove, a symbol, is really an underlying archetypal energetic that forges connections between and among all of the various aspects of your energy field as they relate to the whole community. Each individual part of you is updated with evolutionary support, while at the same time, the power and potency of the group as a whole leverages your balance and integration. The Dove is a cohesive, nondual, binding sacred geometry that preserves your individual spiritual lineage alignments, while you are connected to the group.

The Dove energy is a very special part of the overall *Platform*. It allows your field to receive the best of the group energies in the community and from *The Platform*, while at the same time preserving your unique ray of being. The Dove energy in and of itself is an evolutionary form of sacred geometry.

Additionally, the Dove creates all of the harmonizing sacred geometry between and among all of the elements of *The Platform*.

### **The Bedouin**

Ethnically, the Bedouin are a semi-nomadic tribal group, desert dwellers, whose territory spans from the deserts of North Africa to the sands of the Middle East.

When I taught a course about the Great Dreaming Tribes of the world, the Bedouin appeared to me. In night after night of my communion with them, they shared their connection to the great Creative Dreaming ancestral line to which they belong. Because of their strong nondual connection to the desert, they have a fascinating way to engage you through the structure of the Land or Earth of you and your body.

They represent in the Platform the group that best balances and aligns the Land of you, the Earth of you and your physical bodies. They interweave you with their great dreaming ancestors, where you co-dream physical bodies that can tolerate a higher order of consciousness and a more evolved form of ego structure that allows for Spirit to fuse “in, with and through” Life.

When you connect with them, you simultaneously connect with the desert, and your 8th dimensional field and molecules, come alive. Your body resets itself, your core bodily imprints which contain your embedded beliefs about Life, purify and your physiology renews. All of your elements, earth air, fire and water as well as your metal, minerals and ores purify and start to evolve. Your body adapts to evolutionary consciousness. The Land of you, the Earth of you, allows your very skin to be the skin of the Earth and the Bedouin not only caretake these functions, but allow us to move into the creative Dreaming aspects of our bodies, preparing us to move into the Dark Universe, where an even deeper potency of Creation exists.

### **The Dark Universe and Dark Universe Masters**

In physics, there is now great talk about dark energy (that fuels the expansion of the Universe) and dark matter (the term used for all of the unaccounted for matter in the universe). However, when you take a look psychically at these energies, you see that in fact they emanate from what I like to call a parallel universe to our own Light dimensional Universe, called the Dark Universe. While the Light Universe is configured with dimensions and space in between, the Dark Universe, by contrast, has no dimensions, space, time, light, or many of the other elements that make up the Light Universe. And there are no polarizations, no duality.

This is a very pure and somewhat “empty” universe that fuels creation. It has such an unusual connection with the Light Universe. While it does not directly intersect with the dimensions or space, the Dark Universe does have a very unique interconnection with the Light Universe, flowing “in, with and through” it. It is like the underbelly, the behind the scenes universe that helps to create the tangibility of this Universe; it keeps this Universe seeming to be real, in spite of its being a creation of our illusion. It fuels the Light Universe’s survival.

What it is composed of cannot be put into words. It is separate from the pure quantum realms as well. It is much more potent than what is commonly referred to as the “Fertile Void.” Yet, when you are anchored to the Dark Universe, you are safely harbored from the evolutionary re- construction of this dimensional Light Universe and its polarities. There are no shadow beings or entities here. Evil, as a concept has no meaning here.

When we arrive in the Dark Universe, we connect with our guides, the Masters of the Dark Universe. They will direct and adjust your Prime Alignment, that is, all of your energetic structures: dimensions, Central Axis, magnetic grids, Central Atlas/Equator and the Earth/Land of you in an evolutionary way. Then they will take you deeper and this is where deep creation happens. They will be creating on behalf of you-for your physical, mental, emotional, spiritual

and energetic well- being, taking these evolutionary energies into effect. And yet, in a more practical vein, they will also be creating on behalf of you for your day to day life.

***Securing your energy field there during evolutionary times guarantees that your inner spiritual landscape will remain secure, creative, adaptive and yet still very much connected to the heart of humanity.***

These writings and practices are copyrighted by Patricia Fields, PsyD. 2017 with all rights reserved. Reproduction in whole or in part without permission is prohibited.

LEGAL DISCLAIMER: The information provided on this website is for educational purposes only to give you general information not to provide specific advice. By reading this website you understand that there is no professional relationship between you and the author, Patricia Fields, PsyD. None of the information on this website, except for the Alpha Stim information is backed by scientific proof or approved by the FDA. You assume all risk. The information provided in this website should not be used as a substitute for competent professional advice from a professional licensed doctor or practitioner in your state.