

# *CHANGE*, CREATIVE MANIFESTATION, CREATION AND DREAMING

PATRICIA FIELDS, PSYD ©2020 All rights reserved.  
No changes can be made without the author's written  
consent

MY INTRODUCTION  
and  
JULIE INTRODUCTION

# IMPORTANT COURSE INFO

- I am always transmitting; so open your field
- Group container is vital
  - Toggle between individual creating and group supported creating (amplify + and -)
- Basic info & transmissions today
- Classes
  - Present 4 models
  - Time for Q & A
  - 6 sessions with individuals and group initiation into individual models
- Creation Allies: discussion and practice

# RESOURCES: WEBSITE OR EMAILED

- CLASSES RECORDED
- EFT
- PLATFORM PRACTICE
- HIGHER SELF & GUIDE COMMUNICATION
  - INFO PROCESSING
  - GUIDE COMMUNICATION
  - GUIDED IMAGERY
  - DOWSING, RODS, AND OTHER INTUITION AIDS
- LINK TO THE CALISTOGA DEVA VORTEX mp3
- HANDOUTS (web page)

# CREATING AND DREAMING: OVERVIEW THOUGHTS

- Life long journey where you are always learning, growing and progressing
- **Learning to create is an evolutionary soul path**
- **Your model changes** as you change and upgrade your vibration

# OVERVIEW AND THOUGHTS 2

- Deep learning class; not a 1-2-3 fix it class
- 1-2-3 fix it doesn't work for the long haul
- A continual feedback loop
- NO FAILURE
- Learn the most from mistakes
  - Tammy's hot tub (no water)
  - Love of my life (wrong gender)

# INTRODUCTIONS

- Name
- Where you live
- MOC

# SATURDAY AM EXERCISE 1

GET GROUNDED

With the Grounding and Centering Practice

©2002

Terms you don't know: core and core star, axial  
rays, rods and grids



When everything is going well, you  
don't think about creating or  
changing (hmm?)

**SOMETHING ALWAYS PROMPTS  
YOUR DESIRE TO CREATE  
(not so in higher vibration worlds)**

(this something is really important)

## **BASIC ASSUMPTION:**

Whenever you want to CREATE,  
you are wanting a **change**  
**(disconnect in flow)**; so we are  
really addressing **how change**  
**happens for you; how you make**  
**(m) or allow it to happen (f)**

**YOUR MODEL OF CHANGE: MOC**

CHANGE IS A CONSTANT HERE;  
HOW YOU CHANGE IS THE MOST  
IMPORTANT FACTOR IN YOUR LIFE  
(Besides your crossover 😊)

# CHANGE MODELS IN ORDER OF VIBRATION (lower to higher)

- **CHANGE 3D MODEL IS THE FIRST STEP**
- **MANIFESTING IS CHANGE UPGRADED (5D)**
- **CREATING IS MANIFESTING UPGRADED AND A MORE MASCULINE APPROACH (8D)**
- **DREAMING IS MOST SOPHISTICATED MODEL AND FEMININE APPROACH; NONDUAL WAY OF CREATING (8,9D)**
- **LAWING AND UNIVERSAL PROCESSES (10,11D)**
- **MIRACULOUS IS GRACED**
- **LIFE (10+D); MAGIC (varies)**

CHANGE, IRON AND GRAVITY

WE ARE PLANETARY CITIZENS

# WHY CAN CHANGE/CREATING FEEL SO HARD?

## WHAT'S THE PLANET/GALAXY "GOT TO DO WITH IT"

- We are affected by the Galaxy and Planetary Models of Change/Creation models which are hard wired in
- Galaxy primary model is **Explode/Implode**
- (There are quantum models as well)

# WHY CAN CHANGE FEEL SO HARD?

- Planet has 3D Model of Change;
- 3D planet &
- (2D?)
- Planet also changes with the Life Force
  - Plants and animals follow this; **HUMANS DON'T** though our biology does

# 2D MODELS :

- 2 D MOC EXAMPLES:
  - **No change**
  - **Whatever you do to change only makes it worse**
  - Angst to change is pervasive life
  - Could be on one or more issues



# 2D MODELS

- CAN'T CHANGE; NO MOVEMENT; NOTHING WORKS (clients who say, nobody helps; nothing works)
- Eg. Lord of the Rings, iron workers; Communist Eastern European (Budapest)
- **MANIFESTING, CREATING DON'T WORK HERE IF JUST INITIATED BY THIS PERSON**

# 2D MOC WORSE CASE SCENARIO: WHAT TO DO

- Assume you are reversed: temporary or chronic
- De-reverse regularly over months
- Need to raise your **vibration in relationship; not alone;**
- Need to work with a guide like Professor Lin or San J Pan Wan G;
- Sometimes Magic Models work here
- Eg. Story of my Alpha Theta client who wrote me 4 years later

# PLANET'S 3D MODEL IS DUALITY MODEL

- Parts and polarities clash, spark and grate against each other; that's what duality is all about=separation=duality
- Can have higher vs lower order 3D models (need to know what it is b/c it's all around)

***STIMULUS FOR CHANGE IS  
USUALLY SOME FORM OF PAIN,  
STRUGGLE, PROBLEM  
EG. Preventative Health Care***

# 3D EXAMPLES: LOWER ORDER MOST COMMON ON THE PLANET

## – Examples:

- Look at history with nations: marriages too!
  - **REBELLION; BATTLE; WAR** (life vs death survivor)
- Look at adolescence
  - **NEED TO PUSH AGAINST SOMETHING FOR DEFINITION AND DIFFERENTIATION** (higher lower order)
  - **I AM 'NOT YOU; NOT THIS; NOT THAT'** (not sure what I am)
  - **I DON'T WANT THIS OR THAT** (not sure what I want)

# 3D EXAMPLES OF CHANGE 2

- Power struggle between inner parts and/or outer players
  - **WINNER AND LOSER; DOMINATION AND SUBMISSION**
  - **COMPROMISE AND NEGOTIATE WITH SACRIFICE USUALLY**
  - **JUST RE-ARRANGES THE PARTS**
- Right action power; neutral power; exercise power for good of all (unstable by nature)  
**RESULTS OFTEN DON'T LAST**

# WHAT'S IRON "GOT TO DO WITH IT"?

- Model set in place by Higher Forces
- Duality anchored into the iron ore core of the earth, electromagnetics , and gravity
- When the planet starts to upgrade this will change
- Note: Call on April 14 with Padma was all about lightening these forces

**Iron magnetizes in separation**

**Change engages a magnetic force**

**n**

**Needs neutralizing or another end run  
around it**

**Cannot ignore these forces**

**(magic and dreaming models have an  
easier time getting around this)**



**DE-MAGNETIZING** IS THE WORD  
WE USE TO OVERCOME THE  
EARTH'S MAGNETIC GRID

VIP PART OF ALL MODELS THOUGH  
TREATED DIFFERENTLY IN EACH  
MODEL

Note: models that operate out of time need less de-magnetizing

**EG. MAGIC, DREAMING**

**Knowing & upgrading your model  
of change** (if you need to) is the  
single **most important change to  
create; gives leverage over the  
iron core magnetics**

**CHANGE IS THE ONLY CONSTANT**

BY THE WAY...

IF YOUR MODEL “ISN’T BROKEN, DON’T FIX IT”

# SATURDAY AM EXERCISE 2

## **BUILDING THE GROUP CONTAINER**

- Set up the sacred geometry  
(Individual and/or group)
- Place all of your selves in it
- Calling in our guides
- Call in Master Devas for earth permission
- Heartfelt wish for all members
- Bless with Life Force
- Harmonize with Magic
- Resonate words that help you sort your vibration model)
- Integrate and consolidate group container

# YOUR FULL MOC INCLUDES:

- Accepting where you are & what you created
- **Earth MOC personalized:**
  - **What stimulates your change (Handout)**
  - **Underlying root issues to work with (Clarity Handout)**
  - **Favorite de-magnetizing intervention (Handout)**
  - **What supports your change (Handout)**
- Your vibration model:
  - Chakra vibration model OR
  - Earth creation model OR
  - Magic model, Life model, Dreaming model
  - (Manifest, create, dream, magic)
  - What supports your change
- Your Transition MOC (add to your energetic MOC)

SATURDAY AM EXERCISE 3:

ACCEPT AND OWN WHERE YOU  
ARE

vip for de-magnetizing

**SHAME** IS ONE OF THE BIG  
MAGNETIZERS AND NEGATES  
POSITIVE CHANGE; 2<sup>ND</sup>  
DIMENSIONAL FREQUENCY (2D  
FREQUENCIES STOP CHANGE AND  
CREATION)



# SATURDAY EXERCISE 3

## ACCEPT WHERE YOU ARE

- Review your intention (personal)
- Open your heart
- Review where you currently are with intention and assume it's what you really wanted OR
- Own that fears, mistakes shortcomings unconscious patterns, karmic patterns have greater magnetic power than the wish
- Open your heart to your shame (shame=magnetizing)
- Own that you are not a victim

# SATURDAY EXERCISE 3

## ACCEPT WHERE YOU ARE

- Evaluate if there is genuinely factors you don't know
  - Entities, curses, possessions, old contracts
  - Familial dynamics that are a mystery
  - Past life patterns that are unconscious
  - EG. Couldn't embody cause my field was damaged
- Own that what you have you created
- What can you learn from this?
- Forgiveness (group exercise)

# SATURDAY EXERCISE 3: GROUP

- Go into group container
- Call in Guides for self and Group
- Place intention and where you are with it into container
- Place yourself in
- Forgive yourself; breathe in hope and faith
- If you can't, lean on the forgiveness, hope and faith of group
- Ask group energy to answer unknowns

**DEBRIEF & BREAK**

# ESSENTIALS OF CREATING

1. **Own the present and where you are**
2. **Ground** into your body
3. Bring in **all parts of you**
4. Call on group energy (optional)
5. Call in Guides (optional; may do this later)
6. **Clarity:** Focus on what you want to create
  1. 1 theme or request
  2. Find the root of your wish
  3. Ask all chakras for input
  4. One symbol for intention alignment to take into MOC
7. **Readiness:** Ask if all parts are ready; (dowse)

# ESSENTIALS OF CREATING 2 (LATER)

- 8. Find the underlying need, fear or stimulus for request**
- 9. De-magnetize your underlying need or fear**
- 10. Call in Guides for support to use with Model (optional)**
- 11. Let go of your mind**
- 12. Use your Model**

# ESSENTIALS OF CREATING (LATER)

- 13. Surrender the request** into your model or to your Guides. Ask them to **anchor into your Life Force and the Life Force of the Planet**
- 14. Include Transition MOC**
- 15. Stay there awhile**
- 16. Bring consciousness back**
- 17. End with inner smile and gratitude**
- 18. Follow through with what supports change**

# CLARITY EXERCISE



# CLARITY-PLAY WITH THIS

- Focus on intention, wish (left hemisphere)
  - Specific or General
  - Little pix vs Big Pix
  - Felt sensation only
- Allow image to come to mind from UC (right hemisphere)

# CLARITY-PLAY WITH THIS 2

- No intention (turning it over)
- Nondual intention
- What is root issue..(even if turning it over)
- Stories: love of life sex story; gambling without intention and ended up getting \$ for workshop)

# CLARITY EXERCISE: GET TO THE ROOT OF IT

- Review your intention with the help of the Clarity handout or Manual of Change
- Most manifesting issues deal with recurring 2-3 items
- Ask questions to learn more like:
  - Why you want this? Keep asking repetitively, “Why do you want this?” every time you come up with an answer.
  - What will change in you, your behaviors, your life, and your relationships as a result of this?
  - What are the results of not getting this intention?

# CLARITY EXERCISE

## PART 1

- Ask each chakra what they want from the intention
- Gather all of those intentions
- Create a symbol, sound, image, color for all of them
- Feel the energy of that and align to it
- Draw it and save it for later
- Take that into your Model or surrender it to your Guide

# READINESS

- Check to see if all chakras are ready for this manifestation
- If not, what needs to happen for them to be ready
- When finished each chakra, check that all parts are ready with your dowsing rods, pendulum, fingers, whole body method or any other intuitive tool you use

**READINESS BREAK**

# ESSENTIALS OF CREATING

1. **Own the present and where you are**
2. **Ground** into your body
3. Bring in **all parts of you**
4. Call on group energy (optional)
5. Call in Guides (optional; may do this later)
6. **Clarity:** Focus on what you want to create
  1. 1 theme or request
  2. Find the root of your wish
  3. Ask all chakras for input
  4. One symbol for intention alignment to take into MOC
7. **Readiness:** Ask if all parts are ready; (dowse)

# ESSENTIALS OF CREATING 2

- 8. Find the underlying need, fear or stimulus for request**
- 9. De-magnetize your underlying need or fear**
- 10. Call in Guides for support to use with Model (optional)**
- 11. Let go of your mind**
- 12. Use your Model**



# ESSENTIALS OF CREATING (LATER)

- 13. Surrender the request** into your model or to your Guides. Ask them to **anchor into your Life Force and the Life Force of the Planet**
- 14. Include Transition MOC**
- 15. Stay there awhile**
- 16. Bring consciousness back**
- 17. End with inner smile and gratitude**
- 18. Follow through with what supports change**

# DE-MAGNETIZING: CRUCIAL FACTOR

- Planet's duality/iron affects your creation
- **Every intention has underlying need and fear (that drives you wanting to create)**
- When you put **energy on intention, you also put energy on the underlying need and fear** behind the scenes

# DE-MAGNETIZING: CRUCIAL FACTOR 2

- Light attracts the dark
- Alchemy/attraction between intention and underlying need and fear that has to be addressed

# DE-MAGNETIZING

- What are your underlying fears, needs, drivers?
- These underlie positive intentions
- Handout the Recurring underlying root issues

# DE-MAGNETIZING GUIDE & LAWS

Masters of the Covenant (from the Platform Practice

Law of Will (from the Galaxy(ies) and Great Central Sun

# WHAT TO DE-MAGNETIZE

- Underlying fear or need; take the charge off of it
- Create a 'no charge' , no alchemy between what you wish to manifest and the underlying fear
- Eg. I need more money De-magnetize:
  - Fear of poverty; 1<sup>st</sup> chakra
  - OR, the charge between money and no money/poverty

# HOW TO DE-MAGNETIZE YOUR INTENTION

- EFT
  - Start with assumption that you are reversed
  - Tap on underlying need or fear
- Make your first creation about healing your fears and needs
- Whole body surrender to a Higher Power

# HOW TO DE-MAGNETIZE YOUR INTENTION

- Do hand alchemy practice
- Allow an image to form that captures the demagnetizing energy you need and surround your intention and underlying needs and fear with that image/energy



# HOW TO DE-MAGNETIZE YOUR INTENTION

- Use your intuition tool to check you are de-magnetized
- **Advanced:** Let the creation practice include as a part of it the creation of a de-magnetizing force

# DE-MAGNETIZING PRACTICE

# TRANSITION MODEL: FROM HERE TO THERE

- Fast, overnight because you can adapt very easily vs over time so you can adapt
- Conscious vs unconscious (you like to be in charge of your change vs. let your unconscious take over)
- Plan vs no plan or intuitive trust
  - Linear plan
  - Nonlinear matrix

# TRANSITION MODEL: FROM HERE TO THERE 2

- Simple with results vs deep core change
- Noticeable or dramatic process vs seamless
- Change from within vs change from without

# TRANSITION MODEL: FROM HERE TO THERE 3

- Yin (surrender, receiving, accepting and more passive) vs yang (initiating, taking charge)
- Knowing vs Faith
- Dual vs non-dual

# ESSENTIALS OF CREATING

1. **Own the present and where you are**
2. **Ground** into your body
3. Bring in **all parts of you**
4. Call on group energy (optional)
5. Call in Guides (optional; may do this later)
6. **Clarity:** Focus on what you want to create
  1. 1 theme or request
  2. Find the root of your wish
  3. Ask all chakras for input
  4. One symbol for intention alignment to take into MOC
7. **Readiness:** Ask if all parts are ready; (dowse)

# ESSENTIALS OF CREATING 2

- 8. Find the underlying need, fear or stimulus for request**
- 9. De-magnetize your underlying need or fear**
- 10. Call in Guides for support to use with Model (optional)**
- 11. Let go of your mind**
- 12. Use your Model**

# ESSENTIALS OF CREATING

**13. Surrender the request** into your model or to your Guides. Ask them to **anchor into your Life Force and the Life Force of the Planet**

**14. Include Transition MOC**

**15. Stay there awhile**

**16. Bring consciousness back**

**17. End with inner smile and gratitude**

**18. Follow through with what supports change**



PUTTING IT ALL TOGETHER

**THE SURRENDER PRACTICE**

# SURRENDER EXERCISE 1

- Owned where you are; forgiveness
- Grounded
- Bring in all parts of you
- Call on Group Energy
- Call in Guide for self and Group
- Invoke your Clarity Symbol or image
- Assert you are ready and have de-magnetized your underlying needs and fears

# SURRENDER 2

- Invoke Surrender Matrix
- Let go of your mind
- Surrender your Clarity image or symbol
- Feel it be absorbed by the Matrix
- I don't know
- Place in your Transition Model
- Feel it be absorbed by the Matrix
- Enjoy the energy
- End with an inner smile and gratitude

END OF DAY

# HOME PRACTICE

- Try De-magnetizing techniques
- Work your way through what supports your change
- Work your way through Chakra MOC

# CREATING ALLIES