

FIRST TRANSDIMENSIONAL LEVEL

LOCATION

Connected to the body through the first chakra and the sacrum

ANCHOR POINT ON THE PLANET

Africa, in Tanzania near the Olduvai Gorge

ASSOCIATED COLOR

Red

PERSONAL ISSUES ASSOCIATED WITH THE FIRST CHAKRA

- Physical survival, material survival and primal life and death issues relating to security, safety, and trust in Life itself
- Issues related to the right to exist
- Primitive addictions: such as the addiction to cording into another person and feeding off their Life force, repetitive patterns of putting self in death-defying situations, addictions to sadism and masochism
- Primal urges for life, creation, ecstatic states, destruction, insanity; Unmediated drives such as lust, greed, rage, terror, violence, sadism and masochism
- In the first chakra, all issues are corded into the life and death archetypes and archetypes which govern mental sanity

ABOUT THE FIRST DIMENSION

- This level in its purest form is not so much a dimension that one travels in, but rather a direct connection to the Light and the primal archetype of Life itself. The archetype of Life is what we are greeted by when we first touch down from the realm of spirit into matter. Life is a wholly unified field and as such it is hard to speak of it without talking about its connection to the 11th dimension Organizing Principle (Link to 11th Dimension). Between Life and the Organizing Principle, your spirit touches down into your biology and the whole of your being organizes and orients itself to the planet.
- When you are born if you have a healthy, well-grounded parent figure, this person (usually mother) at an unconscious level should help you descend your spirit through your kundalini and spine, through the first chakra and then down into the earth. Here you attach to the archetype of Life as it is anchored into the planet. This is highly crucial as the Life force is the main fueling source for survival and nourishment of the physical body. The Life force is one of the most powerful sources of energy on earth and is at once both nondual and universal. Your parent figures should also anchor you into the magnetic grids from the Earth, which secure your spirit into the Earth. Your first chakra anchor gives you a firm foundational feeling of belonging. At a very deep level you know you are at home on the Earth. Many people do not have this connection process completed within them shortly after birth.

- This kundalini-earth connection is the energy field's first and most primary level of sensory input. From only a chakra standpoint (as compared to a physiologic or brain perspective,) the body initially receives its perceptions through the first chakra and then makes sense of them by sending input up the chakras to the other levels. The first chakra is one of the most foundational sources of intuition about external events, particularly events related to survival.
- When you transition from your body at death, you encounter the death force that is essentially an experience of hearing the tone of your soul. In a "good" death (that is, you exit at a high vibration,) the next archetype you encounter is the Life force. The Life force is the closest vibration to pure spirit on earth. This encounter with the Life force at the end of life enables you to easily transition to the pure planes of spirit. It is only one step away in vibration from pure spirit.
- There are beings walking the earth that actually exist in first dimensional consciousness but yet live within our third dimensional reality. Some of them are referred to as Immortals (variants of vampires) and vampires.

SHADOW ASPECTS OF THE FIRST DIMENSION

- The darker side of the first dimension is what we call the hell realms or place of lost souls.
- In its deepest shadow side, the first dimension represents a level of existence where there is a pure devotion to the forces of separation.

TRAVELING IN THE FIRST DIMENSION

- Unfortunately, on this planet the first chakra does not exist in its purest form. Because of the devolution of matter and spirit on this planet, many of our first chakras have a dysfunctional or mutated first chakra. This means that until much work has been done in this aspect of self, using the first chakra as a gateway to travel to the first dimension is an extremely dangerous undertaking. If you travel through a first chakra that has not been restored to its original condition, you may find yourself entering into some of the most dense and darkest places on the planet. Or, you could find yourself entering into realms that are still living out some of the most devolved periods of time in the history of matter itself (both earth and non-earth existences.) This is like a direct link into the hell realms where souls have long since forgotten they are souls and where very little, if any light or sound penetrate.
- I have traveled in this dimension only a very few times and I assure you that it took me several hours to recuperate. It is impossible to describe the extreme denseness of the first dimension and the overwhelming feeling that souls here do not even remember any connection to anything known as spirit.
- Once you work through the primary issues of the first chakra, it becomes an entranceway into more universal dimensional experiences. However, to make one's way from the first chakra right into the universal is quite a feat. It requires not only a

resolution of personal first chakra related issues, but also deep resolution at the collective and planetary levels.

ASSOCIATED SENSATIONS WHEN TRAVELING IN THE FIRST DIMENSION

I do not recommend traveling in this dimension as some of the domains contain highly unpleasant and very dense lost soul realms and also realms of intense density and polarization from which it can be hard to extricate yourself on your own. However, connecting into the pure force of Life is stimulating, exhilarating and joyful. It reinstates the pure connection to Life.

APPLICATION OF FIRST DIMENSIONAL ENERGIES

- Working with the dying
- Working with prenatal and perinatal cases
- Ability to contact, stimulate and hold the Life force for a client could stave off depression and suicidal tendencies

GUIDES

To contact the pure Life force, call on the Angel of Life

MUSIC WHICH EXPRESSES AND ALLOWS ACCESS TO THE FIRST

- African tribal rhythms express this dimension.
- He's in Trance Now by Nyanyo Addo
- Drums of Passion: the Invocation by Babatunde Olantunji

WORDS THAT CONVEY THE VIBRATION OF THE FIRST DIMENSION

Life, primal, belonging, birth, death, sanity, insanity