

# CALISTOGA DEVA VORTEX AND CREATIVE MANIFESTATION VISUALIZATION

Patricia Fields, PsyD. ©1992, ©2020

## WHAT IS THE CALISTOGA DEVA VORTEX?

The Calistoga Deva Vortex is a very unusual energy configuration. She is both a Deva spirit as well as a Vortex-all in one. When you allow yourself to be taken into the Vortex of the Deva, she immerses you in a wonderful energy field that elevates you to a vibration of creative manifestation. She takes you to a very unique place of creative manifestation that is neither 4<sup>th</sup> dimension nor 5<sup>th</sup> dimension but a unique dimensional niche that was created just for this purpose. She blends the flavors of the 4<sup>th</sup> and 5<sup>th</sup> dimensions with magic, nature and beautiful, soothing and loving harmonics.

Her field is unusually responsive to each person, harmonizing and merging your field with hers in a deeply comfortable and relaxing way. It is easy here to get in touch with your deeper intuitions and your Higher Self aspects.

This is a wonderful manifesting/creating practice. And much easier than the fuller model I first taught. Why so much easier?

**#1. Because the Calistoga Deva's energy is itself de-magnetizing.** The Deva is able to see your inner self; she can sense the underlying root issues, needs and fears that are driving your intention. And the very way she connects with and to you allows her to surround your field with a harmonizing lubricant that absorbs both wish and underlying root issue, need and fear. So the time you spend just communing with her as a part of the practice is time well spent with her de-magnetizing you. That is not to say you don't want to put some effort into figuring out your root issue, needs and fears; however, once you become aware of these, just let her energy absorb them.

**#2. Because the Deva transports you to a manifesting plane or dimension where creation is more likely.** While you are seamlessly communing with the Deva, she is also elevating your consciousness to a plane of consciousness where manifesting/creating happens more easily. Sometimes, she takes you to the 5<sup>th</sup>

dimension; sometimes to a magical place; sometimes to a magical nature dimension. She often describes herself as a “consciousness elevator” where you hop on for the ride and she takes you to the “right floor”.

### **PREPARATIONS FOR THE VISUALIZATION**

- 1. GROUND, CENTER, BALANCE AND ALIGN**
- 2. DO THE EFT DE-REVERSING POINTS TO BE SURE YOU ARE NOT ELECTRICALLY REVERSED**
- 3. CALL IN ANY AND ALL PARTS OF YOU THAT NEED TO BE EMBODIED FOR THE PRACTICE**
- 4. (OPTIONAL) CALL IN YOUR HIGHER SELF OR INVOKE SPIRITUAL LAW**
- 5. *BE CLEAR-ABOUT WHAT YOU WANT***
  - Be clear about what your intention or wish
  - Choose the right size bite: how specific vs. general do you want to be (eg. I want a partner who is (lots of details)...vs I want a partner that I will truly love)
  - Is your intention in alignment with your soul and other chakra aspects? (dowsing comes in handy here)
- 6. *BE READY-TO RECEIVE WHAT YOU WANT***
  - Are you willing to accept what you want?
  - Are all parts of you ready, willing and able to handle what you want to manifest?
    - Check with Inner Child, Inner Adolescent and Inner Adult
    - Check with your chakras (pendulum, rods, fingers, whole body)
    - Go into the future and try on what you requested and see how it feels and how it affects your life to troubleshoot and fine tune
- 7. *LOOK AT PICTURES OF CALISTOGA; MERGE WITH THE NATURE THERE PRIOR TO THE VISUALIZATION; MAKE THE FEELING OF BEING THERE REAL***

Imagine yourself with the Calistoga Deva Vortex. You are out in nature sitting on a comfortable bench or perhaps reclined, seated in the car with the windows open on a gorgeous and sunny California day. Check out the picture of Calistoga before you begin to stimulate your senses. In this visualization we refer to the Calistoga Deva Vortex as the Calistoga Vortex or just Vortex.

## OTHER THINGS

- Calistoga always works-when you think it hasn't worked, go back to the Calistoga Vortex and ask, "What Happened?" You will be amazed at what you learn about yourself and how you create and/or need to create
- There is often a latency period between when you do the practice or exercise and when it manifests in day to day life
- Sometimes you will need to take a scenic route to your request as the direct route is not always the best. (For example, you want a loving partner right away, but you don't have any trust in men; perhaps first you will be guided to a situation where you need to learn trust)
- When you use the Vortex, try to ask for the very first step in the process of getting what you wish if the wish is complex
- Don't ask for the kitchen sink! Ask for only 1 thing at a time
- Be sure to express gratitude to the Calistoga Deva Vortex

## THE VISUALIZATION

Allow yourself to sit quietly, breathe a few deep breaths and get comfortable. Take everything off your lap; put aside any distractions that are left over from the day.

Absorb the quality of the air here. Feel the gentle breezes, the sweet fragrance of the flowers and the still quietness of bees pollinating from flower to flower. Hear the quiet gurgling of the stream nearby and sound of leaves moving in in the quiet stillness.

Here, Nature reaches out to you, and surrounds you with its subtle, yet powerful energy field which softly and smoothly melts through you.

Allow Nature to open you, gently, like a flower unfolding. Your energy field opens slowly, quietly... Take in the energy of the area; take in the energy of the grasses, trees, flowers, and birds. Feel the air caressing your skin with its gentle breezes.

There is an infinite quality of care and tenderness that emanates throughout the energy field of nature here, that moves right into you, around you, above you and below you, surrounding you.

Allow yourself to tune into this field-feel it, sense it, see it, smell it, taste it and hear it. Let it become alive and joyful all through you and around you.

More than anything, let yourself receive and be open to what is already naturally surrounding you.

At this point, allow the Calistoga Vortex of energy reach out to you, touch you and resonate with you. Feel her open her heart to you, receiving you and welcoming you. Let each and every cell and fiber of your being feel the warm, gentle waves of her energy move right through you.

Let yourself be filled with this energy, this light.

Notice any other images, sounds, or sensations that float in front of your consciousness signaling to you your own personal connection with the energy field of the Calistoga Vortex.

Now let yourself sit back awhile absorbing more deeply the energy here, communing with the Vortex.

Release now any and all irregularities, toxins or other energetic particles that may be ready to release.

Simply relax and enjoy this natural purification process. Relax until you are ready to move on.

At this point, start to focus on what you wish to manifest. Let the original idea or thought become more and more focused, more and more clear until finally it has a sharp, clear, crisp quality.

Let yourself expand the thought into an image, picture or symbol and amplify this with any sounds, tastes, smells, and/or sensation.

Notice as you do this, how you feel. Let yourself know down the cells and fibers of your being if this is what you want. With the help of the Vortex, you will be able to sense this information quickly and accurately.

Now imagine yourself in your day to day reality with what you manifested. What do you notice? What is different? How are you different?

How does your body react to this change? How do you feel?

Are there any consequences of having manifested what you wanted that surprised you and that give you important information about what you need to adjust in your original intention?

If you need to adjust your original intention, do that now.

Leap forward in time now. Notice the long terms effects on yourself, others and your day to day life. Check to be sure that all parts of you are comfortable with what you have manifested.

If not satisfied with what you manifested, give yourself a few moments to adjust the intention.

And now, allow yourself to contact a wiser part of you, a part of you that has a broader, benevolent and higher dimensional perspective, like your Higher Self. Let yourself, see, hear and or feel the presence of this part appearing before you.

With the help of the Calistoga Vortex, let yourself merge with this Higher Self. Feel the energy of your Higher Self conveyed to all parts of you down to the cellular level during this time of communion.

Spend a few moments here.

And now with the wiser self present, go back to your intention for what you want to manifest. Ask your Higher Self for his/her perspective on your intention.

Recognize any shortcomings, misgivings or unwanted consequences of your request from this perspective.

And then once again, take time to re-adjust and refine your intention. With the help of your Higher Self and the Vortex, it becomes easy to check in, ensuring that all parts of you are in alignment with what you desire.

Check to be sure you are currently ready to manifest what you desire. You may want to stay here awhile until you are ready to move on.

Now that you are clear about what you want to manifest and all parts of you are in alignment with it, you are ready to for the manifestation.

Center yourself once more. Take a few deep breaths. Let your Higher Self invite all parts of you to join together with him/her in a circle.

In the center of the circle, place the manifestation desire.

Once again, allow the energy of the Vortex to surround and encompass all of you and your desire. Feel its energy merge with you and your wish. Feel the Vortex completely absorb you and your wish. Stay here until you feel you and your wish are fully absorbed. This may take a few moments.

Let your intuition tell you when the energy is complete. Once complete, relax and when you are ready, bring yourself back to your usual state of consciousness feeling renewed, revitalized and relaxed, awake and alert and clear.

V 5.9.20